

# INVISALIGN® FACT SHEET

# All you need to know about Invisalign

If you've been thinking about improving your smile, you're not alone. Research shows that teeth top the list of facial features most would like to improve\*. But why is a genuine and heartfelt smile so important? Well, it communicates happiness, we all know that – but it is also an important indicator of confidence and approachability - which can speak volumes in our social and professional lives.

So if you're not smiling because of your teeth, it's time to do something about it. Because life's too short to miss any reason to smile.



#### WHAT IS INVISALIGN?

The Invisalign system straightens your teeth with a series of custom-made, clear aligners, which are comfortable and practically invisible. And it works – over 1.8 million patients worldwide have made Invisalign their clear choice.

#### **INVISALIGN ALIGNERS...**

- Are comfortable and virtually invisible
- Gently and continuously move your teeth in small increments
- Are worn for about two weeks. Then you switch to a new set of aligners
- Can be removed for eating, brushing, and flossing, or for a special occasion

### TREATABLE CONDITIONS

By using advanced technology, Invisalign can treat a broad range of dental and orthodontic conditions, which, in the past were usually treated with traditional braces:

- Overly crowded teeth
- Widely spaced teeth
- Crossbite
- Overbite
- Underbite

#### **HOW DOES THE TREATMENT WORK?**

Overall, an average treatment takes between 9 and 18 months. Here is an overview of what you can expect from the treatment process:

- You meet with an Invisalign-trained dental practitioner for a consultation about your treatment
- Based on your dental practitioner's treatment plan and your dental records, a virtual 3D treatment plan is generated that shows you the movement of your teeth from the current position to the desired final position
- Once you and your dental practitioner have approved the plan, the aligners are made to custom-fit your teeth, and your teeth only. The number of aligners varies for each person
- You wear your aligners for about 20-22 hours everyday, except to eat, brush, and floss, or for a specific occasion
- Every two weeks, you switch to a new set of aligners. The aligners will gradually move your teeth into their final prescribed position



Designed to custom-fit your teeth and go with your lifestyle, Invisalign offers many benefits beyond an improved smile.

- It is virtually invisible; hardly anyone will notice you are straightening your teeth
- It allows you to maintain your dental hygiene and brush and floss as usual
- The aligners can be removed for eating and drinking or for special occasions
- There is less chance of irritation on your mouth and gums since there are no brackets or wires
- Even before you start treatment, you'll know how long your treatment may take and what your teeth are expected to look like at the end of the treatment

## **HOW MUCH DOES INVISALIGN COST?**

In most cases, the cost of Invisalign is comparable to traditional braces. Treatment fees are set by the dental practitioner and average cost ranges from approximately \$6,000 - \$8,500.

If you have private health insurance with orthodontic coverage, Invisalign is usually covered to a similar extent as braces. Many of our providers also offer interest free payment plans, so be sure to ask in your initial consultation.





